

Garden State Region News - January 9, 2026



STAND WITH ISRAEL



STAND UP TO JEWISH HATE

WL Week

Visit GSR Website

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MESSAGE FROM SHEILA KAUFMAN, GSR PRESIDENT

Happy New Year!

Dear Affiliate,

Shalom!

Happy New Year!

Since the last newsletter, three weeks ago, it has been a quite demanding time for me at work to get projects completed before the new year or in my case before my "use it or lose it" vacation days. What did I do? I spent more than a day working on a project during that vacation time that is due before I get back. Plus, I took some extra long ME time to rest and visit with a friend recovering from surgery and time with my family. Now it is back to reality.



We had our Coffee and Conversation with Lynn Kra-Oz who made aliyah 40 years ago and gave a wonderful presentation on her Volunteer Medical Clowning in Israeli hospitals and nursing homes. She pointed out that laughter makes both the patient and family feel better. What a mitzvah she does. Our next Coffee and Conversation on February 22 will be with our Israeli Kehillot on "Joy in Judaism: Family & Community." More to come later.

Our immediate activity is January 21 at 1 pm, when we will have our second volunteer opportunity at the Community Food Bank of NJ. The slots are filled. HOWEVER, if you would like to be on a waiting list, please reach out to [Tova Rothschild](#) with your contact

information. Consider bringing this type of event to your sisterhood or synagogue for a mitzvah day! It is quite fulfilling. We will have photos in the Newsletter that week.

New for 2026 in our Programming Newsletter, in addition to publicizing your sisterhood affiliate events we will showcase your events. So get those phone cameras rolling! And do not forget to invite me to your programs, too! Presidents, please reach out to me to come to one of your programs, meetings or events. I would love to meet your members and share my love for Women's League.

Shabbat Shalom,

Sheila

Sheila Kaufman

President, Garden State Region WLCJ

gsrcpresident24@wlcj.org

"Networking to engage, enrich and empower Conservative Jewish women"

2024-2026 EXECUTIVE OFFICERS

President - [Sheila Kaufman](#)

VP, Programming - [Susan Winter](#)

VP, Sisterhood/Affiliate Support - [Cheryl Sessler](#)

VP, Torah Fund - [Sindy Manas](#)

Secretary, Communications - [Ilene Rothman](#)

Secretary, Corresponding - [Susan Sferas](#)

Secretary, Financial - [Lisa Katz](#)

Secretary, Recording - [Carol Kotch](#)

Treasurer - [Donna Franklin](#)

Parliamentarian - [Dorothy Cohen](#)

Immediate Past President - [Lynette Seader](#)

Advisor to the Board - [Meryl Balaban](#)

Advisor to the Board - [Heddy Belman](#)

MESSAGE FROM TOVA ROTHSCHILD, GSR SOCIAL ACTION CHAIR

Together let's make 2026 a year of Hitnadvut!

Shalom,

Many of us make resolutions for the secular New Year. We plan to exercise more, eat a healthier diet, read more books, and get more engaged in activities that the GSR will offer in 2026. Each of these resolutions makes us feel good about ourselves as strong, responsible Jewish women. I want to suggest another worthy New Year's resolution, namely **Hitnadvut (Volunteering)**, which is a foundational concept in Judaism.

Volunteering is embedded in the Jewish psyche. The principle of "Kol Yisrael arevim zeh la-zeh" ("All of Israel are guarantors for one another") underscores our collective duty to care for the welfare of our community. In its original meaning, each Jew is responsible for helping fellow Jews fulfill their own mitzvot. We saw this very clearly shortly after October 7 when the invasion by Hamas galvanized the Israeli public into action. Not only did Israelis volunteer for reserve duty, they also gave their time and professional skills to fellow citizens, some of whom had lost everything.



Nowadays there are volunteer organizations that help those less fortunate and are familiar to GSR members. Some great examples include: Community Food Bank of NJ (Hillside/Egg Harbor), Human Needs Food Pantry (Montclair), Jewish Family Service Food Pantry (Elizabeth), Interfaith Food Pantry Network (Morris Plains), Food Bank of South Jersey (Pennsauken), Bobrow Kosher Food Pantry (Oheb Shalom, South Orange), and LifeTown (children with disabilities, Livingston).

Per Audrey Hepburn, "...You have two hands, one for helping yourself, the other for helping others."

Together let's make 2026 a year of Hitnadvut!

Tova C. Rothschild
GSR Social Action Chair
tovacrothschild@gmail.com

GSR REGION PROGRAMS

- **Wed. Jan. 21, 2026 @1-3 pm** - GSR helping out at NJ Community Food Bank #2. One last spot available. [Sign up NOW!](#)
- **Sun. Feb. 8, 2026 @11 am** - Coffee and Conversation on Zoom - Meet with our Israeli Kehillot counterparts on Joy in Judaism: Family & Community.
- **Mon. Mar. 9, 2026 @7:30 pm** - Coffee and Conversation on Zoom - Rabbi Stefanie Dickstein compares Vashti to Queen Esther
- **Sun. May 3, 2026** - GSR Spring Conference
- **Sun.-Wed. July 12-15, 2026** - WLCJ Convention 2026, Alexandria, VA

One last spot available. Sign up NOW!



**Join the Garden State Region
as We Volunteer
with the Community FoodBank of New Jersey
at their Hillside, NJ location**



**Wednesday, January 21, 2026
1 pm - 3 pm
31 Evans Terminal Road, Hillside, NJ
07205**

**You must individually sign up below for
the above date/time.**

**After you sign up, send an email with
your phone number to Tova Rothschild
at tovacrothschild@gmail.com .**

Spaces are limited.

One last spot available. Sign up NOW!

Sign Up

Questions: Tova Rothschild, GSR Social Action Chair, tovacrothschild@gmail.com

SISTERHOOD AFFILIATE PROGRAMS

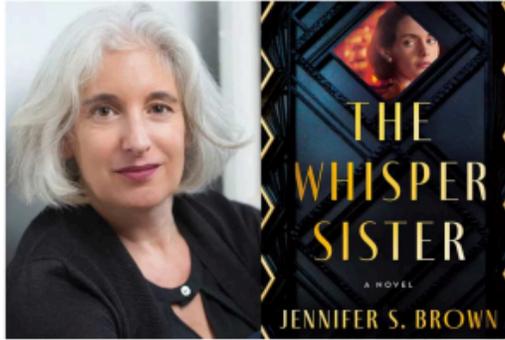
MEET THE AUTHOR **ZOOM EVENT ONLY!!**



CONGREGATION TORAT EL

Sunday, January 11, 11:00am

Meet Jennifer S. Brown, author of *The Whisper Sister*



The author of *Modern Girls* delivers an atmospheric coming-of-age story set in Prohibition-era New York, tracing one immigrant family's fortunes and a young girl's journey from the schoolyard to the speakeasy.

The streets of New York in 1920 are most certainly not paved with gold, as Minnie Soffer learns when she arrives at Ellis Island. Her father, who left Ukraine when Minnie was a toddler, feels like a stranger. She sleeps on a mattress on the kitchen floor. She understands nothing at school. They came to America for this?

As her family adjusts to this new life, Minnie and her brother work hard to learn English and make friends. When her father, Ike, opens his own soda shop, stability and citizenship seem within reach. But the soda shop is not what it seems; it's a front for Ike's real moneymaker: a speakeasy.

When tragedy strikes the Soffers, Minnie has no choice but to take over the bar. She's determined to make the speakeasy a success despite the risks it brings to herself, her family, and her freedom. At what price does the American dream come true? Minnie won't stop until she finds out.

Jennifer S. Brown's debut novel, *Modern Girls*, was a USA Today bestseller, a Massachusetts Book Award "Must Read," and a 2016 Goodreads Choice semifinalist for Historical Fiction. Her second historical novel, *The Whisper Sister*, takes place in the time of Prohibition. Jennifer teaches writing, both in person in the Boston area and online through the Loft Literary Center.

Buy your copy of her book from Bookshop.org (to support independent bookstores) or amazon.com.

**No charge for this event but reservations required to receive Zoom link.
Reservations at www.mta.torat-el.org**

This ongoing series has been made possible by a grant from the B'nai Sholom/Beth El Foundation.

Temple Beth El of Somerset

presents

A Women's Seder

A Celebration of the Women in Our Lives

*Sunday,
March 8, 2026*

4:30 pm

\$36 pp

*Be a part of this event with
Special Guest Chef, Naomi
Lasky and Special Guest
Leader, Sherri Morris.*

See below for details.



A dedicated Haggadah has been written for this very special event.

All women are invited, and you do not need to be a temple member or Jewish. To make this event memorable, we do ask for just a few things from you to help us prepare.

Submission for Haggadah: Think of a woman in your life you would like to celebrate by having her picture and a dedication in our personalized Haggadah.

\$5 - Please email or bring to the temple a picture of her, with a 1-2 sentence dedication written below.

\$3 - If you would like to do just a dedication **or** just a picture.

*Please provide this information ***no later than Jan. 30th***: Complete the information below, email this form and the picture you've chosen to Lisa, tbesomerset@gmail.com. You can also come by the temple during office hours and provide this form, payment and your picture will be scanned and returned to you.

Your name: _____

Your email: _____

Name of pictured person: _____

Their relationship to you: _____

**If you are doing a dedication, please provide 1-2 sentences about this person: _____

Your submissions will become part of the Haggadah, making this event even more special and memorable! Please join us!

An email invitation will be sent separately. Invite and bring your family, friends, neighbors!

TO PRINT FORM

Questions? Lisa at tbesomerset@gmail.com

Please send your programs that you would like posted to both [Ilene Rothman](#) AND [Sheila Kaufman](#).

- Do you have any programs that you would like others to know about? Easy way to publicize your event! Let us know. Send a flyer in jpg or pdf format.
- Starting in January, we will also showcase affiliate programs. Submit up to 3 photos with captions and 2 sentences to describe your program. (We will shorten if necessary.)



Torah Fund supports programs and scholarships at the five Conservative/Masorti global institutes of higher education.



Announcing Our 2025-2026 Campaign Theme:

Oseh Shalom

עשה שלום

Maker of Peace

We strive to make a significant impact through scholarships and programs that benefit students at The Jewish Theological Seminary, Ziegler School of Rabbinic Studies, Schechter Institutes, Seminario Rabinico Latinoamericano, and The Abraham J. Heschel Seminary.

Thanks to the generosity of our donors, we help committed Jewish students become the rabbis, cantors, educators, synagogue administrators, social workers, scholars, researchers and lay leaders of tomorrow.

When you support Torah Fund, you help educate students in New York, Los Angeles, Israel, Latin America and Europe—and you align with those who value learning, knowledge and providing the future generation with relevant skills to fortify the Jewish people.

Visit www.jtsa.edu/torah-fund

Oseh Shalom Bimromav, “may the One who makes peace in the heavens, make peace for us and all the people of Israel,” appears at the end of Kaddish and in other prayers, and is also a song. We help foster Jewish unity by our support of the five global Conservative/Masorti institutes of higher education.



PLEASE GIVE GENEROUSLY TO TORAH FUND!

TORAH FUND GIVING LEVELS

Golden Supporter: \$8,100
Keter Kavod \$5,000
Scholarship Patron \$2,500
Patron \$1,200
Associate Patron \$600
Guardian \$300
Benefactor \$180

FOR OUR U.S. SUPPORTERS, go to inspired.jtsa.edu/torahfund
Or send your check to the Torah Fund office.

FOR OUR CANADIAN SUPPORTERS, go to torahfundecards.jtsa.edu/canadian
Make a donation of any amount with the minimum purchase of one ecard.
Or send a check to The Jewish Theological Society, 100 Elder Street, North York, Ontario, M3H 5G7.

The dedicated philanthropy of the Women's League for Conservative Judaism, Torah Fund supports scholarships and programs in the worldwide Conservative/Masorti institutes of higher Jewish learning.

TORAH FUND

3080 Broadway, New York, NY 10027
(212) 678-8876
www.jtsa.edu/torah-fund • torahfund@jtsa.edu

We have beautiful new ecards!
Think of Torah Fund for any greeting.

We're expanding our collection with two new designs by Israeli artist Bracha Lavee—a thank-you card and a mazal tov card.

Show you care by sending a Torah Fund ecard for any occasion. For only \$5 per recipient you can send an attractive ecard—and you can even schedule it for a specific time!

Revenue from ecard purchases benefits the Torah Fund general campaign, and our affiliates receive credit for purchases. Make your selection today at torahfundecards.jtsa.edu

For our Canadian supporters, go to torahfundecards.jtsa.edu/canadian

And for our Canadian donors:
Make your gift to Torah Fund online via our ecards!
For a minimum C\$5 ecard purchase, you can add a contribution of any amount to Torah Fund.

It's easy! Select the card design you'd like to send and follow the user-friendly prompts to complete your transaction.



Torah Fund supports scholarships and programs at the five worldwide Conservative/Masorti institutes of higher education:

Jewish Theological Seminary in New York, Ziegler School of Rabbinic Studies in Los Angeles, Schechter Institutes in Jerusalem, Seminario Rabbinico Latinoamericano in Buenos Aires, and The Abraham J. Heschel Seminary.

Thanks to our donors, we ensure quality education and diverse opportunities for students to become future Jewish leaders serving the broader Jewish community.

Our Jewish future is in your hands!
Visit torahfundecards.jtsa.edu
and send an ecard today.

[Click HERE](#) to send a Torah Fund E-Card
[Click HERE](#) to donate to this year's 2025-26 Torah Fund Campaign
[Click HERE](#) to donate to the Torah Fund Legacy Society
[Click HERE](#) for the Torah Fund Chadashot Newsletter

Torah Fund pins will be distributed in September.
Any questions please e-mail [Sindy Manas](mailto:SindyManas@gmail.com) at SindyManas@gmail.com.

Show your care about Israel by joining us for
our virtual series

Torah Fund Stands With Israel



An educational forum on the current dynamics and the role of our Jewish State

WELCOMING



Sawsan Natour-Hasson

Minister for Public Diplomacy, Embassy of Israel, Washington

Previously Director of the Middle East Economic Affairs Department at the Ministry of Foreign Affairs of Israel, Ms. Natour-Hasson has held a variety of posts in the Foreign Ministry including Deputy Chief of Mission in Athens and in Sofia. Prior to that, Ms. Natour-Hasson was an attorney specializing in civil and labor law. Awarded the Prize of Excellence for her work at the Foreign Ministry, Ms. Natour-Hasson holds LL.B. and LL.M. law degrees from Haifa University. Married with two children and a cat, she is Druze and from Daliyat Al-Karmel.

AND



A Special Dvar Torah—Rabbi Murray Ezring

Rabbi Ezring was ordained by JTS in 1978, then served congregations in NJ, FL, and NC. In retirement Rabbi Ezring has served as an interim rabbi in VA, FL and MD. In addition to his congregational work, Rabbi Ezring was a member of the Community Building Initiative in Charlotte-Mecklenburg, NC and served on the NC Hate Crimes Task Force and as a volunteer Chaplain with the Palm Beach County Sheriff's Department and the Charlotte-Mecklenburg Police Department. Rabbi Ezring has taught at events of the Rabbinical Assembly, Women's League for Conservative Judaism and the Federation of Jewish Men's Clubs. He is married to Barbara Markman Ezring and they have four children and three grandchildren.

Sunday, January 11, 2026, at 2:00pm (eastern) on Zoom

[Register](#)

GOOD & WELFARE - GARDEN STATE REGION

Share your news and nachas with us!

Let us know if you have any simchas, well wishes, and sorrows to pass on to [Sheila Kaufman](#).

Birthday Wishes

Wishing all who have January anniversaries and birthdays, **Yom Huledet Sameach!**

Mazel Tov

- **Susan and Mark Winter**, GSR Programming/Education VP, Mazel Tov on the birth of their sixth grandchild and their first granddaughter, Esther Rubina to proud parents Danielle and Micah on December 22, 2025.
- **Marlene Oslick**, GSR Public Policy Chair, on the birth of her third great-grandson to Sarah Oslick and Nathan Weisberg on December 30, 2025.

Refuah Schlema

- **Marlene Oslick**, GSR Public Policy Chair on a recent fall.

Baruch Dayan HaEmet

- **Rhoda Brownstein, z"l**, beloved mother-in-law of Jeanette Brownstein, Immediate Past President of the Florida Region and WLCJ Kehilah/Education Vice Chair. Condolences can be sent to Jeanette at 332 Fairway Circle, Weston, FL 33326 or jeanettebrownstein@gmail.com

- **Marion Tully z”l**, Past President of the former Ontario Branch of WLCJ. Messages of condolence may be sent to Marion's sister, Judy Silver at 11 Townsgate Drive, Unit 211, Thornhill, Ontario, L4J 8J5, or by email at judy.s.silver@gmail.com.
- **Dena Horn, z”l**, wife of Rabbi Bill Horn, Congregation Ohr Shalom/The Summit Jewish Community Center a past Garden State Region affiliate.
- **Stanley Dickstein, z”l**, father of Rabbi Stephanie Dickstein, who will be presenting our March Coffee and Conversation session. Messages of condolences may be sent to [Stephanie Dickstein](#).

Make a Donation to the Garden State Region to:

- Honor someone special
- Wish a Mazel Tov to a Bar/Bat Mitzvah family
- Send get well wishes
- Send condolences

Our **Scholarship Fund** helps to send women to WLCJ Convention and Leadership Institute where they learn necessary skills to share with our sisterhoods.

The **Sunshine Fund** supports members of the GSR Board in their time of need.

The **Evelyn Auerbach Education Fund** to sponsor an annual GSR Region educational event.

To make donations, contact Donna Franklin GSR Treasurer, at gstrtreasurer@wlcj.org and include which fund(s) to make the donation to.

Or mail your check payable to "GSR-WLCJ" to
Donna Franklin, 7 Liddy Place, West Caldwell, NJ 07006
Donations can also be made via Credit Card.

Donate to GSR using Credit Card

PROGRAMS FROM WOMEN'S LEAGUE

Shabbat Message

January 10, 2026 | 21st of Tevet, 5786

Our Own Journey Into the Desert

Debbie Lempert

WLCJ Convention Programming Vice Chair, Leadership Institute Trainer and WLCJ Consultant



This week's *parashah*, *Shemot*, begins the Exodus story. I once asked my Rabbi why we read *Shemot* now instead of the spring. He suggested that it helps us prepare for our spiritual journey out of Egypt before the holiday arrives. While I have never been to Egypt, I have been to deserts. For my ancestors, the desert was home, filled with many hardships and trials. For me, the desert is a place of awe, peace, and finding a greater power.

Several years ago on a drive from Phoenix to San Diego, my husband and I watched the rocky hills and saguaros (tree-like cactus) change to desert sand dunes. There was nothing but sand everywhere, vast and quiet, like we were the only two people on earth. This feeling was amazing but terrifying. What if something happened to our car? There was literally *nothing* around us but nature. Luckily nothing happened and slowly the sand gave way to civilization.

[Read more](#)

WLCJ SHABBAT JANUARY 17, 2026 - MATERIALS AVAILABLE



2026/5786 – January 17/28 Tevet
Parashat Vaera

You are invited to tailor the following texts to meet the needs and goals of your Women's League Shabbat committee. We are pleased to offer a collection of poems, songs/music videos, articles, rabbinic excerpts, and readings based on the current Torah Fund theme of *Oseh Shalom*.

A generic *D'var Torah* is also included for those communities scheduling their Women's League Shabbat on a date other than *Parashat Vaera*.

Please stay tuned for additional materials that may be read at your services: letters of greeting from Women's League International President Julia Loeb, Women's League Torah Fund Chair Lori Snow, and Women's League Executive Director Rabbi Ellen Wolintz-Fields, as well as a dedicated *D'var Torah* for *Parashat Vaera* to be used specifically on January 17, 2026.

[Learn More](#)

WL INDIVIDUAL MEMBERSHIP

 **ONLINE**

Wednesday, January 28, 2026
7:15 pm ET | 4:15 pm PT



Meet Jerilynn Payne:
Her Journey to Judaism, amid a Life
of Service and Activism

Join us for an inspiring conversation with Jerilynn Payne, a Sisterhood Affiliate member, a "Jew by Choice," and WLCJ Board Member, serving as Co-Chair of the Women's League Cares Program.

Jerilynn will share her unique path to Judaism, along with stories from her varied careers, passions, and extensive volunteer work. Known for being "all-in" in everything she does, Jerilynn's vibrant energy and dedication make her story one you won't want to miss.

Discover how faith, service, and activism can come together in a life well-lived—come hear Jerilynn's journey!

[Register](#)

 **QUESTIONS?**

Susan Farber

WLCJ Individual Membership Co-Chairs
sfarber@wlcj.org

Vivian Leber

WLCJ Individual Membership Co-Chairs
vleber@wlcj.org

Doreen Bornfreund

WLCJ Membership Chair
dbornfreund@wlcj.org

2026 UN Holocaust Remembrance Observation - January 27, 2026



**Tuesday, 27 January 2026 United Nations Holocaust Memorial Observance
11:00 am ET, General Assembly Hall, United Nations Headquarters**

The Holocaust Memorial Observance will take place on the International Day of Commemoration in memory of the victims of the Holocaust. The observance will feature Holocaust survivors sharing their testimonies, and official remarks by the Secretary-General, the President of the 80th session of the United Nations General Assembly and Representatives of the Permanent Missions of Israel and the United States to the United Nations. Ms. Melissa Fleming, United Nations Under-Secretary-General for Global Communications, will host the proceedings.

We hope you will follow the links below and join Sandy Koppel and Florence Wolpoff, WLCJ United Nations NGOs, on January 27, 2026, either in person or via live streaming to commemorate Holocaust Remembrance Day.

[Register by January 18, 2026](#) | Watch the event on [UN WebTV](#), [YouTube](#) and [X](#)

Register

MASORTI DAYS OF STUDY

שני ימי לימוד נשים מסורתיות בחורף

של ליגת נשים, מדרשת שכטר והתנועה המסורתית

Two Winter Masorti Women's Study Days

Dos fechas Invernales de estudio Masortí para Mujeres | Два учебных дня для женщин

February 8, 2026
in person session- מפגש פיזי
יום ראשון / Domingo / Воскресенье
16:15 – 20:30
אשל אברהם, באר שבע Eshel Avraham, Beersheva

March 9, 2026
zoom session- זום
יום שני / Lunes / Понедельник
19:00 – 21:45

החיפוש אחרי הרמוניה: מקורות, ספרות, מוזיקה, רוחניות **The Search for Harmony: Text, Prayer, Song**
Поиск гармонии: текст, молитва, песня La búsqueda de la armonía: Texto, Oración y Canción

נושאים ומרצים שונים בכל אירוע **Different subjects and lecturers at each event**
temas y profesores diferentes en cada evento На каждом семинаре большой выбор тем и лекторов

Save the Date: registration opens soon:
Reserva la fecha: Запомните дату

לשמור את התאריך:



ONLINE

Learning Hebrew

Prayerbook Reading
For Women's League Members



SPRING
Classes start
**February
2026**

Registration for
**ALL Levels is
NOW OPEN!**

Registration Is Open for All Spring Semester Classes

If you would like to expand your Jewish literacy skills, and/or improve your ability to read Biblical Hebrew, you should take one of our classes.

Classes begin on February 4, 2026.

Our **Level 2+** is for students who have previously taken this class before and do not yet read smoothly. Prayers from Shabbat and holidays will be used to improve reading fluency and understanding.

Our **Level 3+** class is for students who have taken this class before and wish to continue at this level.

Our **Level 4 - Chumash** class is for proficient Hebrew readers who want to strengthen their skills and learn vocabulary through the weekly Torah and Haftarah portions.

Our **Level 4 - Advanced Siddur** class is for students who previously took our Level 3 Grammar class and members with strong Hebrew reading ability. This class will delve into prayers by examining word roots, prefixes, suffixes and essential grammar.

A minimum of 6 students is required for each class.

[Register](#)



QUESTIONS?

Rachel Ferber
rferber@wlcj.org
Hebrew Course Chair

ALL THAT JAZZ



ONLINE

**Monday, February 9, 2026
at 3:00 pm ET**

Women's League for
Conservative Judaism
Presents

**ALL THAT JAZZ
AND MORE:
JEWS AND 1970S
HOLLYWOOD MUSICALS**
with Lois Silverman

DATES:

Monday, February 9 at 3 pm EST
Monday, March 9 at 3 pm EST
Monday, April 13 at 3 pm EST

via Zoom

All That Jazz and More—Jews and 1970s Hollywood Musicals

Explore the Jewish connections behind iconic 1970s Hollywood musicals. Through film clips and visuals, these stand-alone sessions highlight the Jewish actors, composers, writers, and directors who shaped films like *Cabaret*, *Fiddler on the Roof*, *A Star Is Born*, and *Saturday Night Fever*. A must for movie and music lovers alike.

Session One—Monday, February 9, 2026
—*Fiddler on the Roof* and Tradition—
Traditional musicals

[REGISTER](#)

Upcoming sessions:
Session Two—**Monday, March 9, 2026**—
No Laughing Matters—Dramatically
themed musicals

[REGISTER](#)

Session Three—**Monday, April 13, 2026**
—Not Your Parents' Kind of Musicals—
Rock and contemporary musicals

[REGISTER](#)

QUESTIONS

Lois Silverman
lsilverman@wlcj.org

 ONLINE

Sunday, February 22, 2026
at 7:30 pm ET



Join us for an engaging conversation with **Nina Manolson, M.A., NBC-HWC**, Body-Peace Coach, as we explore the complicated relationship Jewish women have with food, body, and tradition. Discover why it's so complex—and how to create more ease, nourishment, and peace for yourself and your legacy.

REGISTER

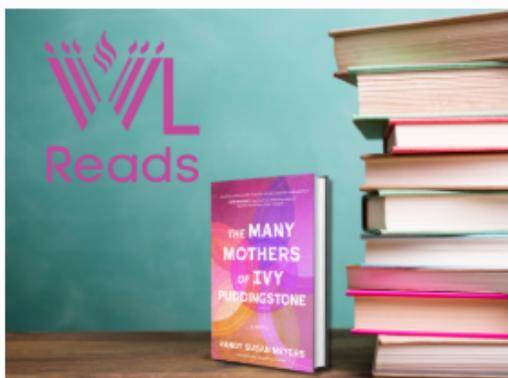
 QUESTIONS

Debbie Bettan
Health & Wellness Chair
dbettan@wlcj.org

WL READS

 ONLINE

Sunday, April 12, 2026
at 1:00 pm ET



Join WL Reads for a lively conversation with international bestselling author Randy Susan Meyers. Known for her compelling voice and acclaimed novels, Meyers will discuss her latest book, *The Many Mothers of Ivy Puddingstone*, a thought-provoking exploration of altruism, justice, and sacrifice. **Registration is now open.** Read along and join us on Sunday, April 12 at 1:00 pm ET—even if you haven't read the book yet.

REGISTER

 QUESTIONS

Karen Block
WL Reads Chair
kblock@wlcj.org

WLCJ CONVENTION - JEWELS IN THE CROWN

WLCJ Convention 2026



 WHEN?

Shabbaton: Friday–Saturday, July 10–11, 2026
Convention: Sunday–Wednesday, July 12–15, 2026

 WHERE?

The Hilton Alexandria Mark Center
5000 Seminary Road, Alexandria, VA 22311



Click the image to go to the online application or [here for PDF version.](#)

Online Application

Download PDF Application



The WWOT, the Weekly Words of Torah, each week through the end of June 2026, will connect to the **2025-2026 / 5786** Torah Fund general campaign, *Oseh Shalom* – Maker of Peace. To read more Weekly Words of Torah, [click here](#).

Parashat Shemot | January 10, 2026

This week we begin the study of Exodus, the second book of the Torah. It opens with a listing of the names of the sons of Jacob who had come down to Egypt. With the passage of time, Joseph was forgotten and his descendants were enslaved by Pharaoh, who commanded the midwives who attended the Hebrew women to drown all the baby boys in the Nile River. They refused to comply, meriting a great reward from God . . .

[Continue Reading](#)

PREVIOUSLY PROMOTED - REVISIT THE DETAILS

Still need to register?

Click the image to explore each program series on Zoom. We'd love to have you join us!

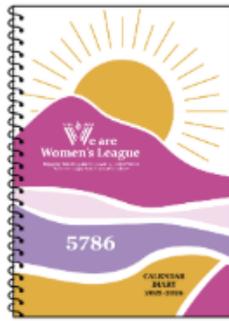


Sessions will meet on a Tuesday night each month over Zoom at 7:30PM ET Nov 11, Dec 9, Jan 13, Feb 10, March 10, April 14, May 12, June 9



Sun, Jan 25 - Tues, Jan 27, 2026
Hollywood, Florida

Registration ends soon!



ORDER TODAY

Calendar Diaries are available.
Order yours today!

Pocket Size = \$12.00
Planner Size = \$26.00

Order Online

Mail-in Order Form

MAKOM B'YACHAD



Tuesday, Wednesday, and Friday

**12 noon ET, 9am PT, 10am MT, and
11am CT**

A virtual service for our WLCJ Sisters to
recite *Mishaberach* (the Prayer for
Healing) and Psalms, and study *Kaddish*.

<https://zoom.us/j/630830287>

Meeting ID: 630 830 287

Password: 875936

**We are
Women's League**

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Women's League for Conservative Judaism

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